# Welcome to Lynn Cancer Institute

Lynn Cancer Institute is revolutionizing the treatment of cancer and patient care, utilizing the latest technological advancements and the most sophisticated diagnostic services and treatments available. The award-winning, \$73 million, 98,000square-foot facility houses Boca Raton Regional Hospital's imaging, radiation, chemotherapy, genetics and cancer support services, as well as its clinical research capabilities. The Institute holds one of the largest cancer programs (by patient volume) in Florida and is accredited as a Comprehensive Cancer Center by the Commission on Cancer, a program of the American College of Surgeons.

More than 20 oncology physicians and a full complement of oncology professionals are on staff to serve the patients at the Institute. Our patients receive treatment and services from internationally renowned physicians with specialized expertise in breast, urologic, head and neck, thoracic, gastrointestinal, hepatobiliary and bloodborne cancers. In addition, our staff includes oncologytrained registered nurses, research nurses, licensed clinical social workers and registered dietitians.



# **League of Ribbons**

Eugene M. & Christine E. Lynn Cancer Institute was built on the principle that the best cancer care requires united, singleminded efforts of physicians, staff, patients and their families. The League of Ribbons was created in 2012 as a force to bring together the talent, heart and dedication of people who want to support Lynn Cancer Institute and its mission to be united in purpose and to stand empowered against cancer.

The League of Ribbons funds many programs, such as providing gift cards for groceries and gas, and health and wellness programs including oncology yoga, onco-acupuncture and hand/foot massage for cancer patients in treatment. The Survivorship Education Series is offered to patients and the community at large.

For information on how to support our mission through the League of Ribbons, upcoming events and to make a donation, call 561-955-5670 or visit LeagueofRibbons.com.

#### Lynn Cancer Institute

- 561-955-4000
- Board-certified medical and radiation oncologists
- Counseling services
- Morgan Pressel Center for Cancer Genetics
- Multimodality clinics
- National clinical research trials
- Private, 36-bed inpatient oncology unit located at the main hospital
- Support groups

#### Lynn Women's Health & Wellness Institute – The Schmidt Family Center for Breast Care 561-955-5000

- Breast magnetic resonance imaging (MRI)
- Breast positron emission mammography (PEM)
- Breast ultrasound
- Clinical breast exam
- Digital mammography
- Minimally invasive biopsy
- Molecular breast imaging (MBI)
- Positron emission tomography/computed tomography (PET/CT)
- Tomosynthesis (3-D)

# Gloria Drummond Physical Rehabilitation Institute

561-955-2100

Therapeutic programs

Marcus Neuroscience Institute 561-955-4600

American Cancer Society – Office Locations 954-564-0880 (Fort Lauderdale) 561-366-0013 (West Palm Beach)

American Cancer Society 800-ACS-2345 (800-227-2345), Cancer.org

Smoking Cessation Through IQUIT 877-819-2357





Eugene M. & Christine E. Lynn Cancer Institute BAPTIST HEALTH SOUTH FLORIDA

701 NW 13 Street, Boca Raton = 561-955-4000 BRRH.com

# Support Services Resource Guide





Eugene M. & Christine E. Lynn Cancer Institute baptist health south florida

# **Our Complimentary Support Programs Help You Cope**

The following support programs are held Monday through Friday at Lynn Cancer Institute's Harvey & Phyllis Sandler Pavilion. Classes and groups are subject to change, so please call before coming. Programs and services are available for patients up to one year post-treatment.

### **Cancer Support Groups:**

#### **Breast Cancer Support Group**

A monthly meeting for women who have recently been diagnosed with breast cancer.

**When:** Fourth Monday of every month, 4:30 – 5:30 p.m. For more information and to RSVP, call 561-955-5406.

#### **Gastrointestinal Cancer Support Group**

A monthly meeting for gastrointestinal cancer survivors, their families and caregivers.

**When:** Second Thursday of every month, 4 - 5 p.m. For more information and to RSVP. call 561-955-5406.

#### Lung Cancer Support Group

A monthly meeting for lung cancer survivors, their families and caregivers.

When: First Monday of every month, 3:30 – 4:30 p.m. For more information and to RSVP. call 561-955-5406.

#### Living With Cancer Under 50 Support Group

A monthly meeting for cancer patients age 50 and younger. **When:** Third Thursday of every month, 5 - 6 p.m. For more information and to RSVP. call 561-955-6469.

#### **CINDY Bertuch Rosencrans Life Expressions Programs:**

#### Life Expressions Groups

Expressive therapy groups to support those touched by cancer. These groups are open to patients and caregivers.

#### Art Therapy

When: First Wednesday of every month, 10 – 11:30 a.m. For more information and to RSVP, call 561-955-5406.

#### Music Therapy

When: Fourth Wednesday of every month, 10:30 – 11:30 a.m. For more information and to RSVP, call 561-955-5406.

#### Dance Program

For more information and to RSVP, call 561-955-5406.

#### **Keeping On**

A support group for patients with metastatic disease. **When:** First and third Thursday of every month, 10 – 11 a.m. For more information and to RSVP, call 561-955-5406.

#### Helping U Get Support (HUGS): Children's Support Services

For more information on support for children who have a parent or caregiver with a cancer diagnosis, call 561-955-5406.

### **Wellness Programs:**

#### Nutrition Classes

Educational classes and cooking demonstrations held monthly. For more information and to RSVP, call 561-955-5637 or 561-955-2184. Or. visit BRRH.com/CancerNutrition.

#### Lymphedema Classes

When: Quarterly For more information, call 561-955-6170.

#### Meditation Hour

When: Twice a month For the schedule and more information, call 561-955-5406.

#### Be U Tiful

Teaches beauty techniques to women following a cancer diagnosis or those in active treatment. When: Second Monday of every month, 10 a.m. – 12 noon For more information and to RSVP, call 561-955-5406.

#### Him II

Lynn Cancer Institute created the Him II program for men experiencing self-image issues when undergoing cancer treatment. When: Quarterly For more information and to RSVP. call 561-955-5406.

#### Smoking Cessation – Tools to Quit

Two-hour seminar offered monthly. For more information and to RSVP. call 877-819-2357.

#### Hand and Foot Massages

While on treatment for chemotherapy or radiation therapy, patients can receive complimentary hand or foot massages. For more information. call 561-955-5406.

#### **Onco-Acupuncture for Lynn Cancer Institute Patients**

For more information, call 561-955-5406. By appointment only. Fee for service.

#### **Community Education/Outreach Programs**

Physician panels, cancer-specific informational sessions and workshops. Call 561-955-5097 for information on monthly topics.

## The Thomas E. Oxley Center for **Cancer Survivorship & Wellness**

Multidisciplinary resource to provide our cancer survivors, caregivers and families with information on cancer prevention, wellness, supportive services and cancer survivorship.

#### **Oncology Yoga and Exercise Programs** for Lynn Cancer Institute Patients

For more information or to register for oncology yoga or cancer-related exercise programs, call 561-955-5406.

#### **Cancer Survivorship Education Series**

Educational seminars for patients who have recently completed treatment, and for their families and friends. Learn what to expect after treatment ends, and how to adapt to the "new normal" and transition into survivorship. For more information and to RSVP, call 561-955-5406.

#### **Bereavement Programs Support You in Your Grief:**

#### **Bereavement Support Group**

A monthly meeting open to anyone who has suffered the loss of a loved one within the past two years. Our group is not appropriate for anyone dealing with a traumatic loss or loss of a young child When: Second Wednesday of every month, 10 - 11 a.m. For more information and to RSVP, call 561-955-5406.

#### **Bereavement Counseling**

As part of our comprehensive care for Lynn Cancer Institute patients, individual counseling is available for those who have lost a loved one For more information, call 561-955-5406.

While the cause of many cancers may not be known, there are some cancers that result from an inherited mutation passed from one generation to another. Genetic counseling and a single tube of blood can help identify family members at risk, and, more importantly, can lead to lifesaving recommendations for screening and prevention. For more information, call 561-955-GENE (4363).

## **Our Clinical and Therapeutic Services Provide Specialized Assistance**

#### **Psychosocial Counseling**

Cancer survivors under treatment at Lynn Cancer Institute and their families can benefit from our psychosocial counseling services offered by licensed clinical social workers. For more information. call 561-955-5406.

#### **Nutritional Counseling**

Available to Lynn Cancer Institute patients, our on-site registered dietitians provide counseling to help with your nutritional needs and concerns. Contact them at 561-955 5637 or 561-955-2184. For more information, visit BRRH com/CancerNutrition.

#### **Genetic Counseling**

#### **Gloria Drummond Physical Rehabilitation Institute** at Sandler Medical Plaza

The Gloria Drummond Physical Rehabilitation Institute offers diverse rehabilitative and wellness programs. For more information on wound care, physical therapy, occupational therapy, speech/swallow therapy and pain management, call 561-955-2100.

#### **Multimodality Clinics**

Once diagnosed with cancer, patients can make an appointment at one of our site-specific Multimodality Clinics. To learn which disease sites are offered and to schedule an appointment, please call 561-955-MMCS (6627).