



May 2015

InnerView

THE NEWSLETTER OF THE DEBBIE-RAND MEMORIAL SERVICE LEAGUE



BOCA RATON
REGIONAL HOSPITAL
DEBBIE-RAND MEMORIAL
SERVICE LEAGUE, INC.

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VOLUNTEERING?
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Volunteer of the Year



Sharon Pearthree has been named Volunteer of the Year. She joined Debbie-Rand Memorial Service League in May 2008, shortly after retiring from a 42-year career teaching first through fourth grades in the Broward County School System. After serving a short time as a Nursing Service Assistant on the 8th Floor, Sharon has spent almost six years working in the Patient Library, where she has logged over 2,400 hours. Sharon also serves on the Debbie-Rand Board of Trustees.

Sharon moved to Fort Lauderdale from upstate New York as a young girl, then to Boca Raton in 1972 with her husband, Gus, a retired Financial Planner. When not volunteering, she enjoys reading, swimming, walking and short trips.

Many thanks to Sharon, from D-RMSL and Boca Regional, for your six years of volunteer service and congratulations on being named Volunteer of the Year.

MEMBERS CORNER

MEMBERSHIP REPORT: APRIL 2015

General: 793
Life: 191
Honorary: 2
Total: 986

HOURS REPORT:

TEENAGE VOLUNTEERS (TAV):
1,232.45 hours
94 TAVs

ADULT VOLUNTEERS:
11,471.85 hours
496 volunteers

TOTAL:
12,704.30 hours
590 total volunteers

Welcome, New Volunteers

Margaret Campanella	Rhoda Maisel
Phito Celestin	Eleanor Miceli
Laura Couto	Chrystelle Pierre
Sandria Dixon	Carmen Raggio
Adel Hachmi	Altshuler Randy
Concetta Hogg	Alexis Romero
Mervyn Hurwitz	Sue Steele
Faisal Khan	Ashlee Stillman
Michaela Kopecki	Robyn Stuart
Jerry Kozlowski	Patricia Swedlaw
Stevens Louis	

May Volunteer of the Month



As a D-RMSL volunteer, Christy has logged almost 14,000 hours, working four mornings a week in Food and Nutrition. She began volunteering in 1999 as a student at Spanish River High School.

Born in Vancouver, British Columbia, Christy and her sister Linda, who lives in Tampa, and their parents Dorothy and Ian, moved to Boca Raton in 1992. Born-and-bred ice hockey fans, Christy and her dad have Florida Panther season tickets.

Christy receives the highest praise from her department. "She is professional in her manners and communication. She is cheerful and willing to take on any assignment, and has been very helpful in the cafeteria and in Maternity.

Christy enjoys family trips to Scotland to visit her grandfather and other relatives.

Thank you, Christy. You are a great asset to have here at D-RMSL and Boca Regional. Your faithful service is very much appreciated!

IN REMEMBRANCE OF:

Mark Rosenberg

IN MEMORY OF:

David Weinberg



IN HONOR OF:

Carol Beris, Mary Enck, Sharon Pearthree, Edwina Putt

Active Shooter Safety Awareness

Debbie-Rand Memorial Service League and Boca Raton Regional Hospital are committed to ensuring that our volunteers, staff and patients are safe. Unfortunately, we are painfully aware of the growing possibilities of an active shooter within hospitals, schools and office environments. An active shooter is defined as an individual actively engaged in killing or attempting to kill people in a confined and populated area.

We strive to maintain the highest levels of safety and security on a daily basis. Boca Regional follows the Department of Homeland Security model when it pertains to an active shooter on our campus or within our facilities. This model is best described as the **“RUN, HIDE, FIGHT”** model.

HOW TO RESPOND WHEN AN ACTIVE SHOOTER IS IN THE FACILITY: Determine the most reasonable way to protect your own life. Remember that patients and visitors are likely to follow the lead of employees, managers and volunteers during an active shooter situation.

1. **RUN:** *If there is an accessible escape path, attempt to evacuate the premises.*

Be sure to:

- Have an escape route and plan in mind
- Evacuate regardless of whether others agree to follow
- Leave your belongings behind
- Help others escape, if possible
- Prevent individuals from entering an area where the active shooter may be
- Keep your hands visible
- Follow the instructions of any police officers
- Do not attempt to move wounded people
- Call 911 when you are safe

2. **HIDE:** *If evacuation is not possible, find a place to hide where the active shooter is less likely to find you.*

Your hiding place should:

- Be out of the active shooter’s view
- Provide protection if shots are fired in your direction (i.e., an office with a closed and locked door)
- Not trap you or restrict your options for movement

To attempt to prevent an active shooter from entering your hiding place:

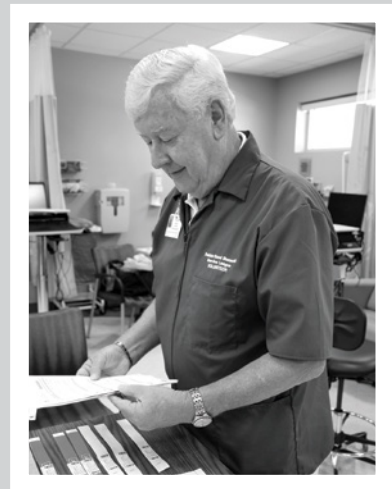
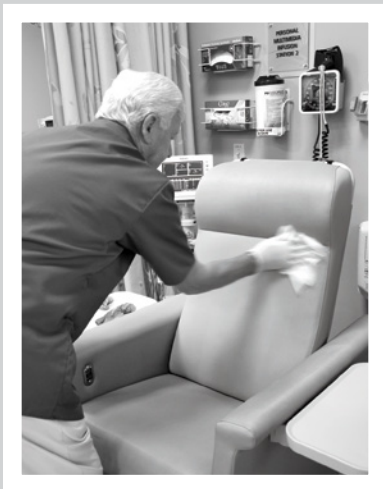
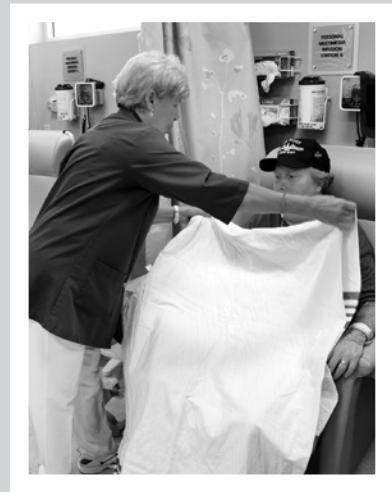
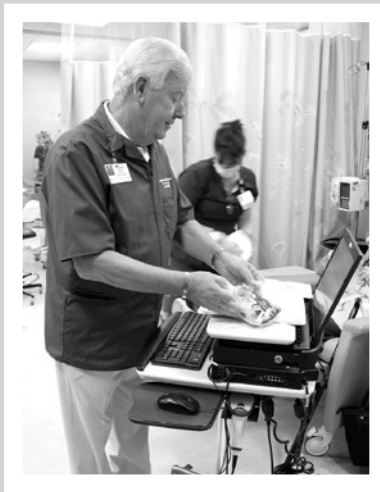
- Lock the door
- Block the door with heavy furniture
- Silence your cell phone and/or pager
- Turn off any source of noise (e.g., radios, televisions)
- Hide behind large items (e.g., cabinets, desks)
- Remain as quiet and calm as possible
- Dial 911, if possible, to alert police to the active shooter’s location
- If you cannot speak, leave the line open and allow the dispatcher to listen

3. **FIGHT:** *Take action against the active shooter as a last resort, and only when your life is in imminent danger.*

Attempt to disrupt and/or incapacitate the active shooter by:

- Acting as aggressively as possible against him/her
- Throwing items and using improvised weapons
- Yelling and screaming
- Committing to your actions

Volunteers in 'View — IV Therapy



This month features volunteers in IV Therapy. After nursing staff go from patient to patient and double-check medications, do blood work, and set up transfusions, volunteers follow up by bringing the patients blankets, pillows and anything else that is needed to keep them comfortable during their several-hour stay.

Our Shining Stars

"On my visits to the Hospital I met volunteer Steven Cohn. My wife, Willie, was staying on the 4th floor. Steven got us coffee and tea and I was so struck by his friendly manners and disposition; Steven is truly a great person focused on getting people together. We're glad to have met him and I'm sure there are others who feel the same as we do. Many thanks, Steven."

- Husband of a Fourth Floor Patient

Do you know of or have you witnessed a volunteer going above and beyond to help a patient? Or maybe someone who is simply deserving of recognition for displaying an exceptional level of volunteerism? If so, let us know and we will feature them in an upcoming issue.

Prescription for Fun

D-RMSL Ways and Means Committee Hosts Reception for Florida Atlantic University Medical and Nursing Students



The Ways and Means Committee of the Debbie-Rand Memorial Service League hosted a reception on April 23 in the Harvey & Phyllis Sandler Pavilion at the Lynn Cancer Institute. "Prescription for Fun" was a gathering for Florida Atlantic University medical and nursing students who have completed their first year. Debbie Leising and her committee created a tropical setting complete with island decorations and steel drum band entertainment. D-RMSL directors and Boca Regional administrators joined in welcoming the students to our community and Hospital.



Making Headlines

Making Headlines is an effort to keep all of our employees, physicians and volunteers informed about news regarding the Hospital.

This section provides you with a list of recent press releases that have been submitted to the media, as well as to our local civic leaders and government representatives.

To review any of our press releases online, visit BRRH.com. You'll find all of our current announcements on the home page.

May 11

Boca Raton Regional Hospital Named One of Florida's "Best Value Hospitals"

May 11

The Run for the Ribbons at the Lynn Cancer Institute Gains Momentum in its Fourth Year

MAY

S	M	T	W	T	F	S
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3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

MAY 2015

Meetings & Events:

BOARD MEETING

WEDNESDAY, MAY 20

Save the Date:

Memorial Day

MONDAY, MAY 25

Ladies Golf Association Honored at Town Hall Meeting

The Ladies Golf Association of The Club at Boca Pointe Honored at Boca Raton Regional Hospital Town Hall Meeting



On January 6, the Ladies Golf Association of The Club at Boca Pointe held their annual golf outing. It was a spectacular South Florida day as 116 ladies and gentlemen took to the links. Under the leadership of President Jane Wind, the participants enjoyed a wonderful morning of golf and great camaraderie. For the fifth year in a row the Ladies Golf Association supported Debbie-Rand Memorial Service League and Boca Raton Regional Hospital with funds from the golf outing.

This year the Ladies Golf Association raised over \$6,600. This contribution will be used to provide breast cancer screening and treatment for underprivileged and indigent members of our community. Over the past five years the Association has contributed nearly \$25,000. D-RMSL and Boca Regional wanted to thank this generous group.

After discussions with Jane Wind and Jane Ciraulo of the Boca Regional Foundation, it was decided to honor the Association's fine work at the annual Town Hall Meeting hosted by the Hospital and the Foundation. The meeting was on March 24 with over 250 Boca Pointe residents in attendance. At the start of the event, Hospital president, Jerry Fedele and Foundation president, Jan Savarick, asked Jane Wind, Susan Sand, Susan Belasco, Nora Reiken and Elaine Powell to come to the front of the room. These representatives of the Ladies Golf Association were honored with a plaque to be displayed at the Country Club. Both Jerry Fedele and Jan Savarick thanked the group for their years of support for the Hospital.



**BOCA RATON
REGIONAL HOSPITAL**

GIFT SHOP

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Safety Matters: Volunteer Trivia

D-RMSL is committed to ensuring our volunteers have the knowledge needed to keep themselves and our patients safe. As part of this commitment, we will provide a monthly safety question in this newsletter. These questions represent what a volunteer may be asked by The Joint Commission surveyor during a visit.

Congratulations goes to **Emon Alavi**, who correctly answered last month's question: "What is R.A.C.E. an acronym for? The correct answer is **Rescue, Alert, Contain, Extinguish**. Contact Aimee Yahn-Carmichael for your prize!

May's trivia question: **What do these codes mean? Code Yellow, Code Green, Code Red, Code 24.** Whomever emails the correct answer to Aimee at ayahn-carmichael@brrh.com will win two Cinemark Platinum Supersaver movie tickets. Best of luck!



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Wednesday: 9am – 7pm

Thursday – Saturday: 9am – 4pm

Sunday: 12pm – 4pm

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