



  
 BOCA RATON  
 REGIONAL HOSPITAL  
 DEBBIE-RAND MEMORIAL  
 SERVICE LEAGUE, INC.

December 2015  
**InnerView**

THE NEWSLETTER OF THE DEBBIE-RAND MEMORIAL SERVICE LEAGUE

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**INTERESTED IN  
 VOLUNTEERING?  
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**“Have I Told You Lately...”**

*Joan Gridley*

Children, siblings, parents, grandparents, friends, coworkers — how have they influenced my life? I was pondering this question the other day and very suddenly realized how influential they really are and have been in my life and how this relates to volunteering.

I’ve broken it down into three very “big” words that spell CAP. I’m sure you, as a volunteer, can back me up on this.

**C is for Consistency** — as in rearing children, consistency is a must. It raises a contented, well-adjusted, confident adult. They can be counted on to show up at their allotted time regularly and keep focused on the job at hand.

**A is for Appreciation** — as in parents, grandparent and teachers. When you can verbalize to that person that you are grateful for their sacrifices, that you appreciate their teachings and talents they passed on to you, respect is born!

**P is for Patience** — that we learn to have for siblings and friends. In the growing-up process and in the making of a new friend, we soon realize we are not alike and learn to accept the differences — some we enjoy, some we tolerate but always we love. After all, these are my family and my friends. So it is with volunteering — we learn patience because they can’t all be exactly like me!

Are you Consistently attending your volunteer “job,” have you verbally Appreciated your parents, fellow coworkers and Hospital employees, and have you Patiently smiled at the person invading your personal space? I’m sure you have or you wouldn’t be a D-RMSL volunteer. By the way, in case you haven’t been told lately, you are appreciated very much for being a part of this team. I know because they told me so!

# MEMBERS CORNER

## MEMBERSHIP REPORT: NOVEMBER 2015

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### Active Members

General: 466  
TAV: 84  
Life: 16

### Inactive Due-Paid Members

General: 192  
Life: 171  
Honorary: 2

**Total: 931**

## HOURS REPORT:

### TEENAGE VOLUNTEERS (TAV):

**1,194.30 hours**  
**85 TAVs**

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### ADULT VOLUNTEERS:

**10,466.67 hours**  
**460 volunteers**

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### TOTAL:

**11,660.97 hours**  
**545 total volunteers**

## Welcome, New Volunteers

Leyla Ali	Emmanuel Kamel
Sofie Bayer	Lauren Majewski
Renate Cappelletti	Bonnie Miller
Ryder Costa	Laura Rivera
Nancy Dolson	Eileen Stapleton
Sherry Doninger	Marion Stotzer
Nivard Etienne	Tegeveer Uppal
Myrel Fishman	

## December Volunteer of the Month



Rosita started with D-RMSL in 1999 after friend Sondra Greene (already a D-RMSL volunteer) suggested she join. Her assignment was in the Surgi-Center on Wednesday mornings.

After a brief leave of absence, she returned in 2012 and has been working at the Boca Regional medical facility on Clint Moore Road on Mondays. Rosita has given almost 4,000 hours of service.

Rosita moved to the United States in 1959 from Argentina, where she studied Pharmacy at the University of Buenos Aires. She worked as a lab technician at Swedish Hospital in Minneapolis and in the Pathology lab at the Henry Ford Hospital in Detroit.

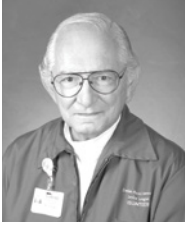
After moving to Boca Raton with George, her late husband, Rosita devoted her time to raising her three children. Daughter Claudia lives in Argentina, Leah resides in Vermont and Demian lives in Switzerland but is currently living in Ithaca, New York, while on sabbatical. Rosita has fifteen grandchildren.

Rosita enjoys knitting, reading and volunteering her time reading books to the blind.

A big thank you, Rosita, from D-RMSL and Boca Regional for your wonderful, dedicated service.

# A Message from Your President

As a Trustee and as President, interviewing teenage applicants who wish to become volunteers has been one of the most enlightening and rewarding experiences of my life. One cannot help but have confidence in them, in their maturity and what will be their contributions to the future of our country.



At this time of the year when giving and receiving is in full bloom, they pledge the most precious gift of all, as do all who wear the blue jacket — the singular, precious and incomparable gift of time. We thank them all for that.

They exude an energy and enthusiasm exemplified in the phrase “carpe diem” — “seize the day,” as they are ready to unselfishly make each day their own. To quote Pope Francis, “they have an appetite for life.” May this hunger be always theirs.

So, it is with joy and pride that we welcome the new teenage volunteer applicants and celebrate all our TAVs who happily give their time every day in service to our Hospital. They are committed to demonstrate, without reservation, that wherever there is a human being, there is an opportunity for kindness.

My prayer for this Holiday Season is that we generously share our time and abundance, that we enjoy and bless each other and for all to have a Healthy, Happy and Prosperous New Year.

- Edmund Nasralla

## *Announcement*

# Coffee, Crumpets and Conversation a D-RSML Discussion Group

Come meet fellow volunteers and share your comments on questions of current interest or suggestions to improve and expand our already excellent service. To be held in January 2016. RSVP to Joan Gridley at 561.955.4098 or at volunteer1@brrh.com.

# Support D-RMSL When You Shop on Amazon

Did you know that you can support the Debbie-Rand Memorial Service League when you shop on Amazon? It's easy! Start shopping today at [smile.amazon.com](http://smile.amazon.com) and Amazon will donate 0.5% of eligible purchases to D-RMSL at no extra cost to you. Here's how:

- Step One:** Visit [smile.amazon.com](http://smile.amazon.com)
- Step Two:** Log in or create an Amazon account if you don't already have one.
- Step Three:** Type “Debbie-Rand” and hit Search. Select D-RMSL from the search results.
- Step Four:** Begin shopping!

**Important Note:** For D-RMSL to receive donations from Amazon, you must visit [smile.amazon.com](http://smile.amazon.com) and log into your account prior to making a purchase.



# 53rd Anniversary Luncheon a Success!

*Bob Buss, Trustee*

The luncheon this year was held on Tuesday, October 27, at the very elegant Boca West Country Club. Impressive was the fact that there were 125 people in attendance (a 40% increase from last year!). In addition to volunteers, Boca Regional Senior Leadership, city officials and key Hospital benefactors were in attendance.

After a warm welcome by D-RMSL President Edmund Nasralla, Mrs. Terry Fedele, this year's Honorary Chairperson, provided a heartfelt "thank you" to all of the D-RMSL volunteers for their compassionate and tireless work. Then, Boca Regional President & CEO Jerry Fedele proudly spoke of the uniqueness and outstanding reputation of the entire D-RMSL volunteer team, which has helped elevate Boca Regional to the "go to" hospital of choice for patients throughout the region.

While the tribute speeches were understandably serious in nature, the annual Anniversary Luncheon is also meant to be festive and fun. Enter a stylish fashion show that featured women's clothing, shoes, and jewelry from both the D-RMSL Thrift Shoppe and Gift Shop, which attendees were able to purchase after the luncheon...and many did! As in past years, the fashion show was expertly emceed by Ms. Pat Burdett of Allegiance Home Health & Rehab, who described each modeled outfit in colorful, illuminating detail.

Another favorite perennial tradition of the luncheon are the raffle drawings. Two of these were for \$500 each and another was for one reserved parking space near the main lobby of the Hospital for the next 12 months. In addition, members of the D-RMSL Board of Trustees had sought and obtained gifts and gift certificate donations from numerous local businesses of various industries and size. The proceeds from the raffle ticket purchases all go back to Boca Regional to help provide services to our patients.

Needless to say, everyone had a wonderful time in this stylish setting with fine food, fantastic service and heartfelt tributes to the history and ongoing work of the very dedicated D-RMSL volunteers. Please plan on joining us next year!

## This is Our Story, *Installment 3*

From the beginning, newspapers were generous with space given to progress reports on the Hospital and each fundraising event well-publicized. Such media support indicated hearty approval of the project. By June 1964 the Foundation had almost completed a drive for a million dollars. In July it hired a professionally educated and experienced administrator, Frank J. Dawson. Dawson won the complete loyalty of the volunteers. There had never been any doubt in their minds that the Hospital would be built. Now they knew that every dollar they earned brought it closer to reality. Membership grew steadily as fundraising activities were expanded.

Debbie-Rand succeeded in meeting expenses from its day of inception, increasing funds as the Hospital grew closer to completion. Every dollar publicly subscribed to the Hospital went to the building fund. From the beginning, funds for the operational expenses were raised by the League.

The present site of the Hospital on Meadows Road — 25.6 acres south of the Florida Atlantic University campus — was chosen, approved by the City Council on January 5, 1965, and dedicated on January 17. A temporary administration building was constructed at the western edge of the selected site in July 1965.

Vonnie Gutzeit, first employee of the Hospital, said that, if there could be a *Miracle on 34th Street* there could also be a "Miracle on Meadows Road" and the name stuck. Groundbreaking ceremonies took place on November 28, 1965.

In 1962, D-RMSL had been the official auxiliary to an unnamed, non-existent medical facility. In 1965, just three years later, it became the official auxiliary to the newly named Boca Raton Community Hospital.

*Continued on next page »*



# What's Your Story?

This is a new feature geared towards allowing the volunteers to learn more about one another in a fun and interesting manner. A different question will be asked each month. Please submit answers to your President, Edmund Nasralla, at [enasralla@brrh.com](mailto:enasralla@brrh.com).

## Q: What jingles your bell?

A: If "What Jingles Your Bell?" means... "What makes you happy?" the answer is volunteering at Boca Regional for the past 17+ years, currently on Mondays in the Volunteer Office, Tuesdays at Visitor Passes in the lobby, and Fridays as an Ambassador at the Marcus Neuroscience Institute. I also serve on the D-RMSL Board of Trustees. Volunteering is very rewarding and makes one feel productive. More people should do it. It is an opportunity to give back to our wonderful Hospital and to our community.

- Submitted by Evie Zimmerman

A: The holiday season! Starting with Thanksgiving through Chanukah and Christmas, everyone is kinder, more giving, and more grateful. I cherish the closeness of family and friends, the feelings of togetherness and the warmth of loved ones (especially my dog).

And what fun it is to celebrate the holidays in Florida! Lights twinkling on palm trees, listening to holiday music when it's 80 degrees out. I don't miss a white Christmas at all... the bells still jingle... jingle all the way!

- Submitted by Andrea Morris

**Question for next month: What would you like most, if you could really have it?**

## Installation 3, *continued*

The first phase of 104 beds would open in July 1967. To meet increasing operational costs, in January 1966 the Hospital's Board of Trustees turned again to the League to ask for aid. Its members responded, paying the salaries of the five-person planning office staff. As the need arose to add additional departments and personnel, they assumed those costs as well.

The Thrift Shoppe, always a steady moneymaker, grew in community popularity. In 1968 the League built and paid for a new Thrift Shoppe. In 2001 the Countess Henrietta de Hoernle pledged \$1 million on a matching basis to support the acquisition of the property at 903 Meadows Road as the site for the new Thrift Shoppe. The Debbie-Rand Thrift Shoppe continues to be the League's largest moneymaker.



## Making Headlines

Making Headlines is an effort to keep all of our employees, physicians and volunteers informed about news regarding the Hospital.

This section provides you with a list of recent press releases that have been submitted to the media, as well as to our local civic leaders and government representatives.

To review any of our press releases online, visit [BRRH.com](http://BRRH.com). You'll find all of our current announcements on the home page.

### November 10

Boca Raton Regional Hospital Hosts Great American Smokeout® Event on November 19

## DECEMBER

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

### DECEMBER 2015 Meetings & Events:

#### CHANUKAH

DECEMBER 7 – 14

#### HOLIDAY OPEN HOUSE

TUESDAY, DECEMBER 8

#### HOSPITAL GIFT SHOP OPEN HOUSE

WEDNESDAY, DECEMBER 9

#### BOARD MEETING

WEDNESDAY, DECEMBER 16

#### CHRISTMAS DAY

FRIDAY, DECEMBER 25

### Save the Date:

#### Hospital Ball

SATURDAY, JANUARY 23, 2016

#### Allianz Golf Tournament

FEBRUARY 1 – 7, 2016

#### Volunteer Recognition Luncheon

FRIDAY, APRIL 8, 2016

## Hoffman's Chocolates to Offer Holiday Gift Deals

Hoffman's Chocolates is pleased to display a holiday kiosk benefiting the Debbie-Rand Memorial Service League on December 8, from 10:00am to 3:00pm, in The Bistro.

Hoffman's Chocolates will offer a wide variety of beautifully designed gift baskets, chocolate assortments and platters that make perfect gifts for the holidays. For pre-orders, please contact Tammy Mannarino at 561.523.8215 or at [tmannarino@hoffmans.com](mailto:tmannarino@hoffmans.com). A portion of the proceeds will benefit the D-RMSL Scholarship Fund. Mark your calendar for December 8!



## New Surgi-Center Reception

*Bob Buss, Trustee*

Everyone understands and appreciates the wonderful work that hospitals provide...but no one really wants to be there (except to get better).

While there is a lot of joy in the maternity section of a hospital, most other areas of a hospital can be pretty daunting because patients are dealing with disease, illness and injuries.

In most instances, patients are accompanied to the hospital by family friends, and/or significant others...each of whom is very concerned — if not afraid — about the patient's condition and status. At Boca Regional, this is where the Christine E. Lynn Surgi-Center Reception Area comes in. Staffed by both employees and volunteers, this team is the primary source of comfort and information for those who accompany a patient.

Whereas Boca Regional has always had a Surgical Reception Area, it had become outdated in décor, comfort and functionality...and was not in keeping with the aesthetics and modernization of the rest of the Hospital campus. Thanks to overwhelming generosity, Boca Regional is about to open its new, spacious and beautiful Christine E. Lynn Surgi-Center Reception Area.

One is immediately impressed with its calming and very tasteful design. The ambiance helps to underscore to anxious visitors the importance that the entire Hospital Senior Leadership Team and staff places on putting them and their loved ones at ease. This is especially important because most visitors will be seated in this area for several hours on any given day.

So, with pride and appreciation, we thank Christine E. Lynn for her great compassion and generosity in funding this beautiful new facility.



**BOCA RATON  
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GIFT SHOP

**561.955.4100**

## Safety Matters: Volunteer Trivia

D-RMSL is committed to ensuring our volunteers have the knowledge needed to keep themselves and our patients safe. As part of this commitment, we will provide a monthly safety question in this newsletter. These questions represent what a volunteer may be asked by The Joint Commission surveyor during a visit.

Congratulations to **Melody Khoriaty**, who correctly answered last month's question: **What do these three acronyms stand for — H.O.B.S.; P.A.S.S.; E.A.R.?** The correct answer is **H.O.B.S.: Hospital, Operational, Bomb, Search; P.A.S.S.: Pull, Aim, Squeeze, Sweep; E.A.R.: Evacuate, Alert, Remain.** Contact Aimee Yahn-Carmichael for your prize!

December's trivia question: **What is the number one safety measure when using a wheelchair?** The first person to email Aimee the correct answer at [ayahn-carmichael@brrh.com](mailto:ayahn-carmichael@brrh.com) will win two Cinemark Platinum Supersaver movie tickets. Good luck!



**You'll Celebrate the Treasures You Find**

Stop by the **Debbie-Rand Thrift Shoppe** for all the sales and to take advantage of great deals.

**Monday – Saturday: 9am – 4pm**  
**Sunday: 12pm – 4pm**

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